

GENERAL INSTRUCTIONS FOR EMG/NCS TESTING (Electromyogram / Nerve Conduction Study)

In order to test the nerves, your legs and/or arms will have electrodes applied to the skin. Please **DO NOT** apply any lotions, oils or Vaseline to your skin as this can interfere with the accuracy of the test.

Please plan on being here for approximately one hour. You may take any prescribed medications as directed by your doctor.

Please do not bring small children or babies with you, as they cannot be in the testing room during the procedure. Please make prior arrangements for childcare.

Thank you,
END staff